

Other information

- Your dad might be released on a 'tag' - this means he will be allowed to come home but will wear an electronic tag on his ankle so that his probation worker can check he is in the right place at the right time.
- He might also have a Home Detention Curfew (HDC for short) - this means he will need to be back home in the evening at a certain time.
- Your dad might be released without a HDC - this means he can go where he likes, when he likes.
- He might also not be allowed to go to certain areas of this country or travel abroad.
- No need to worry! This happens to lots of people who come out of prison.

Useful contacts

Families Outside Support and Information Helpline:

0800 254 0088

Text service: text Famout followed by your message to 60777

E-mail: support@familiesoutside.org.uk

Childline: 0800 11 11

Child Law Centre Under 18s Helpline:

0800 328 8970

NSPCC 24-hour Child Protection Confidential Helpline:

0808 800 5000

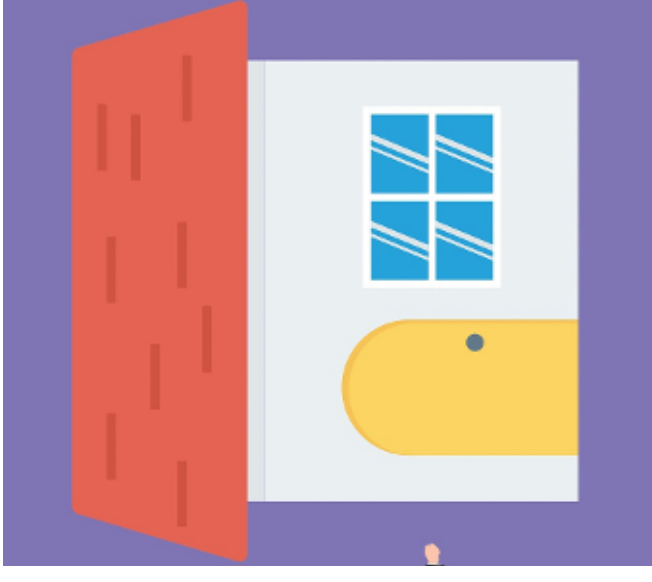
Assisted Prison Visits Unit:

0300 063 2100

Other Local Children's Social Work Departments:

Contact details can be found on-line.

When dad comes home



Advice and guidance for children with a father being released home from prison



When will I find out?

- It might be a surprise to hear your dad is coming home.
- You might only find out last minute.
- Your dad might only be told last minute himself.

This guide was produced by men in custody, children who have experienced parental incarceration, Lancashire and South Cumbria Prisons and the Lancashire Violence Reduction Network.

How might dad feel?

- It might take him a bit of time to get used to living back home.
- He might have forgotten about everyday things, such as how much things cost to buy in shops, and how to use technology, like mobile phones and iPads.
- He might be a bit rusty with things like learning to drive.
- He might have a shock when he sees just how much you've grown.
- Your dad will soon get used to the new you, taller and more grown up!
- One thing for sure is that he will be looking forward to coming home.
- Don't worry if he seems a bit grumpy at first.
- He might need some quiet time on his own.
- This doesn't mean that he's not happy to be home!

What can I do?

- You can help by teaching him certain things.
- Especially when it comes to technology like using mobile phones and the internet.
- You can always speak to a family member, a friend, a teacher or another adult if you are worried about your dad, yourself or anyone else.
- There are some other special helpline numbers on the back of this leaflet.

